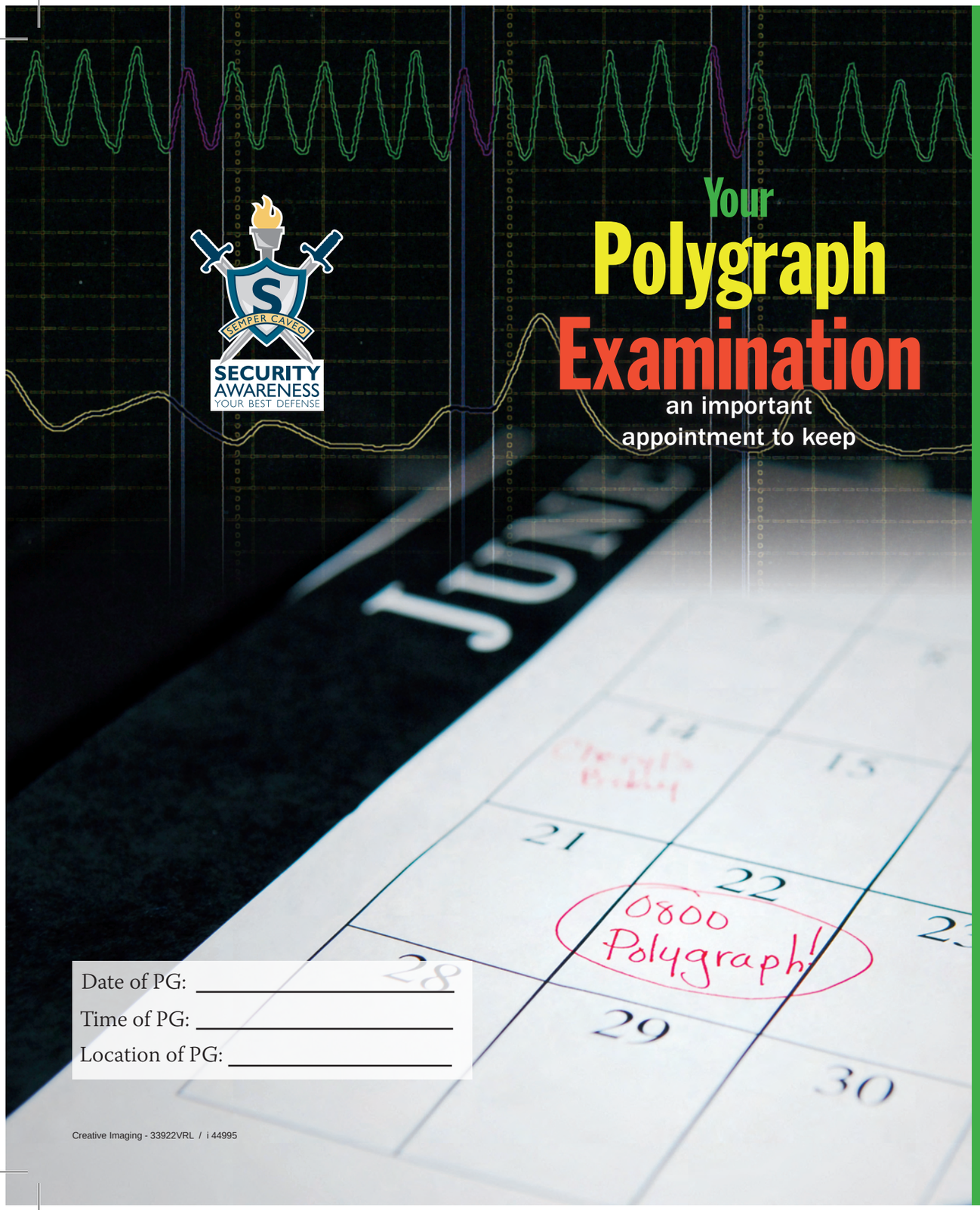
SEMPER CAVEO

SECURITY AWARENESS
YOUR BEST DEFENSE

Your Polygraph Examination

an important appointment to keep



Date of PG: _____

Time of PG: _____

Location of PG: _____

Creative Imaging - 33922VRL / i 44995

Prior to Your Appointment

- Get a good night's sleep
- Follow your usual routine

- Take your regular medications
- Don't skip any meals

- Come with an open mind
- It's a unique experience each time

- Allow enough time in your schedule
- Arrive early

Test Requirements

- Questions are directly related to counterintelligence and suitability
- Examinee must be in good physical and mental health
- Test is voluntary and can be terminated at any time
- Examinee must sign an interview consent form
- All questions are reviewed prior to testing

Examiner Training

- Graduates of Defense Academy for Credibility Assessment
- Federally Certified examiners
- All Special Agents
- Bachelor's Degree (minimum)
- 80 hours of continuing education biennially

Health Considerations

The polygraph components are not invasive. The polygraph instrument uses sensors placed on an individual to monitor and record their physiology during the testing phase. It is highly unusual for any medical condition, past or present, to interfere with the polygraph test or polygraph results. In the event an individual does have a concern in this regard, it is recommended that they consult with their physician before their examination is scheduled.

Question Areas

Counterintelligence:

- Espionage
- Sabotage
- Terrorist Activity
- Deliberate damage of U.S. Government Information Systems
- Intentional compromise of U.S. Government Classified Information or Material
- Secret contact with a foreign national or representative

Suitability:

- Involvement in a serious crime
- Personal involvement with illegal drugs during the last seven years
- Deliberate falsification of the security forms

Confidentiality:

Your polygraph is held in the strictest confidence. We ask that you maintain confidentiality regarding your polygraph examination and do not discuss it with acquaintances, friends, family, or co-workers.

Frequently Asked Questions

Will nervousness affect my test?

Nervousness is expected and accounted for during the test.

How long will the test take?

The average test length falls between two and four hours. Everyone's life experience is different and the test length relates directly to those experiences. Leave enough time in your schedule for your test.

How can I be successful on my polygraph examination?

Speak candidly about your life experiences, ask questions, follow your examiner's instructions, and maintain your focus throughout the process.

What about the information I read on the Internet about the polygraph process?

There is a great deal of unverified information on the Internet about polygraph. Talk to your examiner about the information you read.

What about the things my co-workers told me?

Everyone's polygraph interview is different. Don't let what they tell you color your experience.

Will I feel the components during testing?

Yes, the components are attached snugly to the body. If you feel any discomfort, inform your examiner.

Will my examiner tell me the test results?

No. Every test we conduct goes through a quality control process. Only after that quality control process is completed can we provide official results.

What should I do if I don't understand something?

Don't be afraid to ask questions. Your examiner has in-depth knowledge about the testing process. It is vital to your success that you understand the process and the questions.